# Research Methods in Psychology

**Observational Research** 



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### What We Will Cover in This Section

- · Overview.
- Types.
- · Analysis.
- · Finish.



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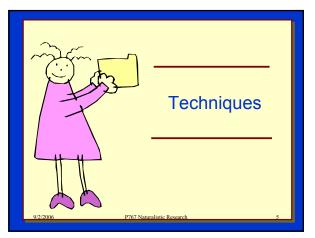
### Overview

- Techniques that permit us to describe and explain behavior.
- Typically call for observing behavior and recording events.
- Usually a preliminary approach to a new area.

### General Issues

- Choosing the sample
  - What person?
  - What time?
  - What setting/event?
- · Problem of control.
  - Naturally occurring events.
  - Extraneous variables.

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### 1A. Naturalistic Observation

Study method in which the researcher looks at and records behavior in a natural setting with no attempt to influence behavior.

### 1B. Participant Observation

Study method in which the researcher participates in the group while recording its behavior.

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### 1B. Participant Observation

### A. Active Participation

Researcher is actively engaged in the group's activities.

#### B. Passive Participation

Researcher is known to the participants but does not become engaged in their activities.

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### Participant Observation: Comment

- Best used with an isolated group.
- Good for gaining a direct understanding of group dynamics.

### **Advantages and Comments**

- Identify relevant variables and possible environmental influences on behavior.
- Capture fleeting events.
- No need to rely on others' memories.
- Record behavior in risky or dangerous situations.
- Explore the generalizability of laboratory findings.

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### **Issues and Problems**

- · Biases.
  - Selective attention.
- Record keeping.
  - Instrument decay.
- Reactivity.
  - Experimenter.
  - Participant.
- · Gaining access.
- Ethics.
  - Invasion of privacy.
  - Confidentiality.
- Typicality of the group.

### Case Study

# An intense, longitudinal observation of a single individual.

- Usually the subject is extremely unusual.
- Provides in-depth data.

### **Archival Research**

Gathering information from existing records.

### Advantages

- Permits unobtrusive data collection.
  - Minimizes reactivity.
- Collect data from people who might not otherwise be available.
- Permits retrospective research and data collection.
- Minimal ethical issues.
- Minimal expense.
- · Permits easy reanalysis.

### Issues

- · Records keeper.
  - Reliability (instrument decay).
  - Biases.
- Access to documents.
- · What are you measuring?
- · Aggregating data.

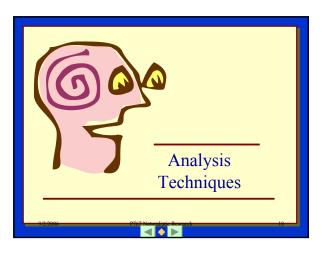
# Physical Trace

Research conducted by looking at the artifacts of behavior.

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### Benefits & Issues

- · Benefits
  - Unobtrusive.
  - Few ethical concerns.
  - Minimal expense.
- Issues
  - How to infer motives?
  - What does it mean?



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### **Content Analysis**

A qualitative technique used to categorize a wide variety of open-ended behaviors.

Methods for categorizing behavior and communication content based on the frequency of occurrence of ideas, words, topics, activities, etc.



# A priori vs. Ad hoc Approach

- · A priori
  - Based on preexisting categories.
- · Benefit.
  - Reliability.
  - Validity.
  - Compare to others.
- · Problem.
  - Restrictive.

- Ad hoc
  - Developed on the fly.
- · Benefits.
  - New situations.
  - Categories to fit all behaviors.
- · Problem.
  - Interpretation with unique categories.
  - Categories may be unique to the sample.



### Categorization Issues #2

- Broad vs. Narrow Focus
  - All behaviors vs. smaller, pre-defined subset.
- Number of Coding Categories
  - Fewer independent categories is gooder.
- What decisions are needed from the data.



### Categorization Issues #3

- What is the unit of analysis for relevant behaviors.
  - "People should be given fair compensation" vs. "Dental coverage should include false teeth"
- · Concurrent vs. After-the-fact coding.

## Rules for Effective Coding

- 1. All terms must be clearly defined.
- 2. There should be a category for every behavior that you choose to observe.
- 3. A behavior should fit into only one category.

