

Trait Theories

Reading: H & O Chapters 7 & 8

Terms you should know.

Gordon Allport

Character
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Temperament
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Type
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Trait
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Individual Trait
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Common Trait
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Cardinal Disposition
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Central Disposition
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Proprium
.....
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Must Conscience
.....
.....

Ought Conscience
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Functional Autonomy
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Extrinsic Religion
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Intrinsic Religion
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Factor Analysis
.....
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Factor
.....
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Superfactor
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Raymond Cattell
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L-Data
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Q-Data
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T-Data
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Surface Traits
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Source Traits
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16PF
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Constitutional Source Traits
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Environmental-mold Traits
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Crystallized Intelligence
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Fluid Intelligence
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Erg
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Metaerg
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Syntality
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EYSENCK

Temperament
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Neuroticism

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Psychoticism

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Extroversion

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Big Five

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Neuroticism

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Extroversion

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Openness/Intellectance

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Conscientiousness/
Dependability

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Agreeableness

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Concepts you should understand.

1. What are Allport's eight developmental stages and how do they affect our personality?
2. According to Allport, what role does the PROPRIUM play in the healthy functioning person in terms of development, conscience, sense of autonomy, and mental health?
3. What is Allport's notion of functional autonomy and why is/was it criticized?
4. What are the six characteristics of the healthy adult?

5. How does Cattell say behavior is energized? Compare and contrast it to that proposed by Jung and Freud.

6. How did Cattell and Eysenck develop their set of personality traits? Compare and contrast their approaches and the types of traits they developed.

7. How did Eysenck attempt to link personality to physiological processes/structures?

8. What did Eysenck say were the conditions that had to be met for us to believe that personality characteristics were biological?

9. Compare and contrast Eysenck, Cattell, and Allport in terms of how they developed their developed their personality theories.

10. Compare and contrast Eysenck, Cattell, and Allport in terms of the structure of personality theories.

2. Eysenck developed the following wheel to illustrate the relationship between the four basic Temperaments. He listed behavioral characteristics that he felt were represented by the interaction of these basic characteristics. Select two traits that you feel describe you best and two that describe you least.

