Trait Theories

Reading: H&O Chapters 7&8	
Геrms you should know.	
Gordon Allport	
Character	
Temperament	
remperament	
Type	
Trait	
Individual Trait	
222027200002 22002	
Common Trait	
Cardinal Disposition	
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Central Disposition	
Central Disposition	
Proprium	

Must Conscience	
Ought Conscience	
Ought Conscience	
Functional Autonomy	
Extrinsic Religion	
r n le e	
Intrinsic Religion	
Factor Analysis	
1 40001 1 11141, 515	
Factor	
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Superfactor	
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Raymond Cattell	
Raymond Catten	
L-Data	
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Q-Data	
T.D.	
T-Data	

Personality Psychology

Trait Approaches

Surface Traits	
Surface Traits	
Source Traits	
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16PF	
1011	
Constitutional Source Traits	
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Environmental-mold Traits	• • • • • • • • • • • • • • • • • • • •
Crystallized Intelligence	
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Fluid Intelligence	
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Syntality	• • • • • • • • • • • • • • • • • • • •
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ENCK	
Temperament	

Personality Psychology

Trait Approaches

N.	
Neuroticism	
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Psychoticism	
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Е.	
Extroversion	
Big Five	
Dig Five	
Neuroticism	
Extroversion	
HALIOVEISION	
o	
Openness/Intellectance	
	• • • • • • • • • • • • • • • • • • • •
Conscientiousness/	
Dependability	
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A . 11	
Agreeableness	• • • • • • • • • • • • • • • • • • • •

Personality Psychology

Trait Approaches

Concepts you should understand.

1. What are Allport's eight developmental stages and how do they affect our personality?

2. According to Allport, what role does the PROPRIUM play in the healthy functioning person in terms of development, conscience, sense of autonomy, and mental health?

3. What is Allport's notion of functional autonomy and why is/was it criticized?

4. What are the six characteristics of the healthy adult?

- 5. How does Cattell say behavior is energized? Compare and contrast it to that proposed by Jung and Freud.
- 6. How did Cattell and Eysenck develop their set of personality traits? Compare and contrast their approaches and the types of traits they developed.
- 7. How did Eysenck attempt to link personality to physiological processes/structures?

- 8. What did Eysenck say were the conditions that had to be met for us to believe that personality characteristics were biological?
- 9. Compare and contrast Eysenck, Cattell, and Allport in terms of how they developed their developed their personality theories.

10. Compare and contrast Eysenck, Cattell, and Allport in terms of the structure of personality theories.

My Experiences #3 The Trait Mirror.

All ₁ Wh	port felt that there were six characteristics that characterized the normal, healthy person. ich of these to do you see in your life today? Which do you think you are in the process of eloping? If there is one you have not developed, what might you do to enhance it?
a.	Capacity for self extension.
b .	Capacity for warm human interactions.
C.	Demonstration of emotional security and self-acceptance.
1	Demonstration of realistic perceptions.
u.	Demonstration of realistic perceptions.
e.	Demonstration of self-objectification.
f	Unifying philosophy of life.
	Wh dev a. b. d.

2. Eysenck developed the following wheel to illustrate the relationship between the four basic Temperaments. He listed behavioral characteristics that he felt were represented by the interaction of these basic characteristics. Select two traits that you feel describe you best and two that describe you least.

