

# Psychology of Personality (Psych. 305) Study Guide

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Owned by: \_\_\_\_\_

## Table of Contents

Introduction .....	5
Reading .....	5
Terms you should know. ....	5
Concepts you should understand. ....	7
Research Techniques .....	9
Reading .....	9
Terms you should know. ....	9
Concepts you should understand. ....	10
Personality Assessment .....	11
Reading .....	11
Terms you should know. ....	11
Concepts you should understand. ....	12
Psychodynamic Approaches .....	13
Reading .....	13
Terms you should know. ....	13
Concepts you should understand. ....	18
Your Experiences #1 .....	22
Sociocultural Theories .....	24
Reading .....	24
Terms you should know. ....	24
Concepts you should understand. ....	29
Your Experiences #2 .....	31
Trait Theories .....	33
Reading .....	33
Terms you should know. ....	33
Concepts you should understand. ....	36
Your Experiences #3 .....	37
Learning Approaches .....	38
Reading .....	38
Terms you should know. ....	38
Concepts you should understand. ....	43
Your Experiences #4 .....	45
Sociobiological Approaches .....	47

Reading .....	47
Terms you should know. ....	47
Concepts you should understand. ....	48
Your Experiences #5 .....	50
Existential-Humanistic Approaches .....	51
Reading .....	51
Terms you should know. ....	51
Concepts you should understand. ....	54
Your Experiences #6 .....	56
Exam Questions .....	59

### Purpose

The purpose of this study guide is to give students a summary of the terms and concepts that I expect them to have mastered for a basic course in Personality Psychology. Please be warned...while I have tried to include all of the concepts for which I will hold you responsible in this study guide, knowledge of the material in this handout will not compensate for through class notes and reading the text.

### Recommendations for use

I suggest that you use this outline as a guide to make sure that you have mastered all of the terms and concepts I have covered in class. To do this I suggest that you

1. Review your notes.
2. Do the assigned reading. I plan to have at least 10% of the quiz items from the book.
3. Without using either the notes or your book, try to define as many of the terms in this guide as you can.
4. After trying to define as many terms as you can, then look through your notes and the text to identify those terms that you cannot recall.

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## Introduction

Reading: H & O Chapter 1

Terms you should know.

Personality .....  
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$P = f(P :: E)$  .....  
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Determinism .....  
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Free Will .....  
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Paradigms/Approaches  
Psychodynamic .....  
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Sociocultural .....  
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Trait .....  
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Learning .....  
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Sociobiological .....  
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Existential-Humanistic .....  
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Cognitive

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Nomothetic

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Idiographic

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Theory

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Hypothesis

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Observation

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Zeitgeist

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